

The STEER Programme

Studying Techniques Enabling Extraordinary Results

WHAT WE OFFER

- ✓ Unique memorization methods
- ✓ Reading and listening techniques
- ✓ Stress and time management
- ✓ Exam preperations
- √ 1 session per week (60 min) 16 sessions
- ✓ Small groups (6-8 learners) or individual sessions
- ✓ Afrikaans or English

FEE

- · R150 per lesson
- R2400 once-off / R600 per month
- Once-off fee: R275
- (Book Bag, Workbook & Emoji Tool)

Study Coaching

Study smarter, not harder!

OPTIONS

- For high school or university students
- Learn effective ways to approach learning
- Goal setting
- Effective study schedule
- Study techniques
- Afrikaans or English

FEE

- R2400 4 x individual sessions (90 min each) OR
- R2400 1-day workshop (6 hours, 1-4 learners)
- R600 Extra support: per additional session Includes: Workbook & Emoji Tool



Be[in]Formed™ Assessment

Unlock your full potential!

WHAT WE OFFER

- General development and health screening
- Primitive reflex assessment
- Neuro-cognitive abilities
- Sensory-motor profiling
- Career orientation or learning readiness
- √ 3-5 hour assessment
- ✓ Detailed reports & iMap™ Feedback Presentation
- √ 1-hour in-person/online feedback session with action steps

<u>FEE</u>

R5400



Integrated Learning Assessment (ILT)

Understand & optimize learning!

WHAT WE OFFER

- General development & health screening
- Primitive reflex & sensory-motor profiling
- Personalized feedback & practical recommendations
- √ 1-2 hour assessment
- √ Detailed report & action steps
- √ 1-hour in-person/online feedback session

FEE

R1750

Integrated Learning Therapy (ILT) Programme

Strengthening neurological pathways for better learning!

WHAT WE OFFER

- Tailored home-based program after assessment
- Stimulates the nervous system for optimal development
- Follow-up sessions every 6 weeks
- √ Therapy equipment sold separately (minimal cost)
- √ Duration varies per child's progress
- ✓ Certificate of achievement & Emoji Surprise upon completion

<u>FEE</u>

• R650 per session



Coping Skills, Self-Esteem & Resilience Programme

Empowering pre-teens & teens to thrive!

WHAT WE OFFER

- Learn essential coping skills
- Boost self-esteem & confidence
- Build resilience for life's challenges
- √ 4 individual sessions (90 min each) OR
- √ 1-day workshop (6 hours, 1-4 learners)

FEE

• R1800

Counseling & Traumatic Incident Reduction (TIR)

Helping children heal & regain confidence

WHAT WE OFFER

- Basic supportive counselling
- Traumatic Incident Reduction (TIR)

FEE

• R650 per session (51-60 min)